



Community Connectors

Community Connectors are members of the community who know what services are available in the community and can share that information with people looking to improve their social networks.

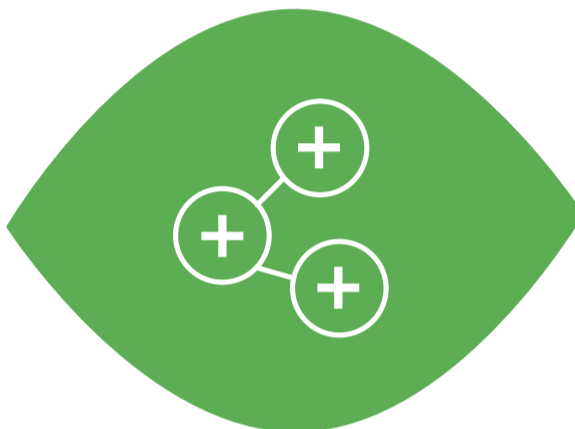


Connector Points

Connector Points are community organisations who can provide face to face or telephone assistance for older people to assist them to find local services and social activities.



Compassionate Communities



Health Connectors

Health Connectors are specially trained practice nurses who work with older patients. They help people to develop their social networks by assisting them to find appropriate services and activities eg. exercise groups and coffee club.



Intergenerational Connections

Intergenerational Connections bring together older people from the community and preschool aged children for group-based interactions. These programs support older people to improve their social and physical wellbeing through activities that foster meaningful engagement between the generations.



Wellbeing Connectors

Wellbeing Connectors provide support to connect older adults with appropriate social or lifestyle activities in their community eg. walking groups, arts and recreational activities etc. This support may include attending activities together or more intensive assistance if required.

Visit [MyHealthConnector.com.au](https://www.myhealthconnector.com.au)

My Health Connector is an **online directory** to help people improve their social connections. The directory provides information about local health and community services available in our region and can be used by both services and community members. You can find Community Connectors, Connector Points, Health Connectors and Wellbeing Connectors on the My Health Connector directory.

