



HealthPathways
Nepean Blue Mountains



NBM HealthPathways

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NBM HealthPathways

What is HealthPathways?

- HealthPathways is a web-based information portal
- Provide clinical information on a specific condition
- Provides indications for and pathways to specialist review
- Based on best practice standards that have been localised to the region
- Aims to improve the consistency of care provided across the region's health service

NBM HealthPathways

- NBM HealthPathways is being jointly delivered by the NBMPHN and NBMLHD
- GPs working as Editors partner with a Subject Matter Expert (ie. Staff Specialist, Nurses, allied health etc) to write the pathways
- Pathways are then reviewed by topic experts (ie. Head of Dept, senior clinical staff, senior health staff)
- Each pathway also reviewed by 2 GPs before being published on live site
- Clinical working groups
- Username/password required to access
 - Username: nbmuser
 - Password: nbmpassword

NBM HealthPathways

Examples of NBM pathways available currently

- Failure to thrive
- OSA in children
- Short stature in children
- Overweight children
- Unsettled infant
- Plagiocephaly
- Bronchiolitis/croup
- Paediatric depression and anxiety
- Cystic fibrosis
- Enuresis
- Chronic cough in children
- Down syndrome
- Asthma in children
- Coeliac disease in children
- Constipation in children

NBM HealthPathways

Topic areas currently being worked on

- Autism
- ADHD
- ADHD medications
- Dysmorphic child
- Gifted children support page
- NIPT/Combined first trimester screening

NBM HealthPathways

Pathway structure

- Red flags
- About
- Assessment- history, exam, investigation
- Management
- Referral

Example pathway

- [Developmental concerns in children](#)
- [Enuresis in children](#)

NBM HealthPathways

- 1000 pathways for localisation
- Currently ~500 live pathways
- 3-year review cycle (under review)
- Always in need for GP reviewers

Live HealthPathways website

<https://nbm.healthpathwayscommunity.org/index.htm>

Username: nbmuser

Password: nbmpassword

QUESTIONS???

NBM HealthPathways

How to contact the NBM HealthPathways team

- Email – healthpathways@nbmphn.com.au
- Phone – 02 4708 8100

- Manager NBM HealthPathways Program
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